



HARVEST FESTIVAL



THANK YOU for all your kind donations. There are more items over at the church.

We will be dropping them off at the local food bank, where I am certain, they will be gratefully received.

Online Safety

Last week's very successful Online Safety Day was well received by the children, staff and the parents who joined us to hear the messages being given by Paul Hay. Paul has offered to run a session for parents via Zoom one evening and I will let you know the arrangements when they are in place.

Paul was keen for me to share the details of his website where further advice is available: www.pclstraining.com/links

He also asked me to share his email address with you with the invitation for you to email him should you have any questions related to online safety.

Email: paul.hay@pclstraining.com

The school's website also has some useful resources to support you: <https://www.cheriton.hants.sch.uk/page/?title=E%2DSafety&pid=89>

As a school we also subscribe to a site called National Online Safety which is full of useful information and training resources which can also be accessed by parents. If you follow this link you can sign up.

<https://nationalcollege.com/enrol/cheriton-primary-school>

[Child Mental Health & Wellbeing - 10 Top Tips for Parents](#)
[Parents' Mental Health & Wellbeing - 10 Top Tips for Parents](#)

Winchester Basics Bank are running a school holiday lunch scheme over the Christmas break. The scheme will provide food for 10 meals per child, and is designed to replace the hot meal that children would receive in school. For more information, or to register please visit; <https://winchesterbasicsbank.co.uk/get-help/> or email; holidaylunch@winchesterbasicsbank.co.uk or telephone 01962 864720



CHERITON PRIMARY SCHOOL

OPEN DAY

Thursday 19th October, 1.30 to 3.00pm

Thursday 30th November, 10.30 to 11.30am & 19.00 to 20.30pm

Buying Christmas Presents Online? Is it too early?!!

Don't forget if you are buying presents online you can raise money for the school without doing a thing! Go through 'easyfundraising' either using the link on the school website 'Parents' - 'Friends of Cheriton' page—scroll down to the bottom or go directly to

<http://www.easyfundraising.org.uk/causes/cheritonprimary>

The 'easyfundraising' site will take you to the retailer (Amazon, M&S, Argos, John Lewis, Comet, Vodafone, eBay, Boden and Play.com - there are over 2,000), then a percentage of whatever you spend comes directly to us at no extra cost to yourself. It's the easiest way to help raise money for 'Friends' and the school. Thanks to all those who have already signed up, happy shopping everyone!

FLU IMMUNISATION

The nursing team are due to attend the school to carry out the Nasal Flu immunisation session on Monday 13th November.

Parents/carers that have not submitted an electronic consent form please do so no later than 48 hours prior to this date. This will allow time for the nurses to triage the forms in preparation for the session.

If anyone needs support to complete the electronic consent, please just ask. Alternatively, you can contact the School Age Immunisation team, see below.

Parents only need to complete 1 consent form per child.

If your child/ children have developed any medical issues in the week before immunisation (i.e. after submitting the consent form) please contact the School Age Immunisation Team on 01962 831111 or by email northwesthantsimmunisationteam@southernhealth.nhs.uk

Term Dates: June 2022- July 2024

Summer Term 2023 17th April- 21st July 2023 (Half term from 29th May to 2nd June 2023)

Autumn Term 2023 starts on Friday 1st September 2023 and ends on Friday 15 December 2023 (Half term from Monday 23 October to Friday 27 October 2023)

Spring Term 2024 starts on Tuesday 2 January 2024 and ends on Thursday 28 March 2024 (Half term from Monday 12 February to Friday 16 February 2024)

Summer Term 2024 starts on Monday 15 April 2024 and ends on Tuesday 23 July 2024 (Half term from Monday 27 May to Friday 31 May 2024)

FIRST AID.



**Thank you to Mrs Sharp
for organising First Aid
training for all the children.
As you can see, they all
embraced the day!**



NEW MENU FOR AFTER HALF TERM

YOUR SCHOOL JACKET POTATO MENU

MONDAY	Grated Cheese
TUESDAY	Baked Beans
WEDNESDAY	Tuna Mayonnaise
THURSDAY	Grated Cheese
FRIDAY	Baked Beans

ALL SERVED WITH VEGETABLE OF THE DAY, BREAD AND SALAD

DESSERT INCLUDED

FRUIT SWEETENED

NUT FREE

FISH FROM MS&A MANAGED AND SUSTAINABLE SOURCES

[f/hc3seducation](#)

Hampshire County Council

www.hants.gov.uk

YOUR SCHOOL MENU – OCTOBER 2023 – MARCH 2024

WEEK 1

WEEK STARTING: October 30, November 20, December 11, January 15, February 5, March 4, March 25

MONDAY

CHOOSE FROM: Plant-based burger in a bag with blood potatoes, Spaghetti bolognese

ON THE SIDE: Vegetables of the day

TO FINISH: Yogurt, fruit and freshly baked mini shortbread biscuit

TUESDAY

CHOOSE FROM: Tomato pasta, Italian style chicken goujons with diced potatoes

ON THE SIDE: Vegetables of the day

TO FINISH: Chocolate brownies

WEDNESDAY

CHOOSE FROM: Handmade margherita pizza with tomato and basil, Chicken and oriental style vegetable rice

ON THE SIDE: Vegetables of the day

TO FINISH: Fruit and jelly

THURSDAY

CHOOSE FROM: Queen chicken pieces in a Yorkshire pudding, Stuck beef and Yorkshire pudding

ON THE SIDE: Vegetables of the day, roast potatoes and gravy

TO FINISH: Lemon drizzle sponge

FRIDAY

CHOOSE FROM: Sweet potato and lentil curry with a blend of brown and white rice, Baked fish fingers and chips

ON THE SIDE: Vegetables of the day

TO FINISH: Freshly baked shortbread biscuit

WEEK 2

WEEK STARTING: November 9, November 27, January 1, January 23, February 19, March 11

Our primary school menu complies with the Government's food and nutritional standards, meeting an average of 300 calories for each meal

MONDAY

CHOOSE FROM: Meat-free lasagne with blood potatoes, Cornish pie

ON THE SIDE: Vegetables of the day

TO FINISH: Yogurt, fruit and freshly baked mini shortbread biscuit

TUESDAY

CHOOSE FROM: Baked vegetable lasagne, Chicken nuggets with blood potatoes

ON THE SIDE: Vegetables of the day

TO FINISH: Apple Rajapack

WEDNESDAY

CHOOSE FROM: Handmade margherita pizza with tomato and basil, Ham and cheese with potato pasta

ON THE SIDE: Vegetables of the day

TO FINISH: Fruit and jelly

THURSDAY

CHOOSE FROM: Vegetable potting shrimps, Roast chicken and Yorkshire pudding

ON THE SIDE: Vegetables of the day, roast potatoes and gravy

TO FINISH: Victoria sponge

FRIDAY

CHOOSE FROM: Vegetable and bean lasagne, Baked fish fingers and chips

ON THE SIDE: Vegetables of the day, roast potatoes and gravy

TO FINISH: Jammy bun

WEEK 3

WEEK STARTING: November 13, November 27, December 4, January 8, January 29, February 26, March 18

MONDAY

CHOOSE FROM: Seasonal chicken and tomato spaghetti with blood potatoes, Pork sausage roll with blood potatoes

ON THE SIDE: Vegetables of the day

TO FINISH: Yogurt, fruit and freshly baked mini shortbread biscuit

TUESDAY

CHOOSE FROM: Macaroni cheese with Somerset cheddar, Chicken curry with a blend of brown and white rice

ON THE SIDE: Vegetables of the day

TO FINISH: Love cake

WEDNESDAY

CHOOSE FROM: Handmade margherita pizza, Bubble scone

ON THE SIDE: Vegetables of the day and crinkle cut wedges

TO FINISH: Fruit and jelly

THURSDAY

CHOOSE FROM: Meat-free sausage puff, Roast chicken and Yorkshire pudding

ON THE SIDE: Vegetables of the day, roast potatoes and gravy

TO FINISH: Chocolate orange sponge

FRIDAY

CHOOSE FROM: Vegetable and bean lasagne, Baked fish fingers and chips

ON THE SIDE: Vegetables of the day

TO FINISH: Freshly baked marble shortbread biscuit

OCTOBER 2023

Su Mo Tu We Th Fr Sa

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22 23 24 25 26 27 28

29 30 31

NOVEMBER 2023

Su Mo Tu We Th Fr Sa

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5 6 7 8 9 10 11

12 13 14 15 16 17 18

19 20 21 22 23 24 25

26 27 28 29 30

DECEMBER 2023

Su Mo Tu We Th Fr Sa

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31

JANUARY 2024

Su Mo Tu We Th Fr Sa

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28 29 30 31

FEBRUARY 2024

Su Mo Tu We Th Fr Sa

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25 26 27 28 29

MARCH 2024

Su Mo Tu We Th Fr Sa

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3 4 5 6 7 8 9

10 11 12 13 14 15 16

17 18 19 20 21 22 23

24 25 26 27 28 29 30

31

Hampshire County Council

hants.gov.uk/hc3s

BONFIRE NIGHT

Menu

served with chipped potatoes, sweetcorn, baked beans

Toffee Apple Crumble and Ice Cream

Salad and additional bread available

17th & 18th Oct	Parents Evenings
20th Oct	INSET DAY
30th Oct	INSET DAY
31st Oct	Deadline for Shoebox appeal
10th Nov	Individual School Photos—9.00am
10th Nov	Remembrance Service— Church & Memorial —2.30pm, All invited.
13th Nov	Flu Immunisation—whole school
17th Nov	Children in Need—BE SPOTULAR.....
24th Nov	Film Night—Leo
30th Nov	Evening of Wine and Wreath making (Adults)
30th Nov	Open Day/Evening—10.00 to 11.30 & 19.00 to 20.30pm
6th Dec	Nativity —Church- 6.15 to 7pm
11th Dec	Panto in School—"Gnome Alone" Afternoon.
12th Dec	Evening of Carols round the Christmas Tree
2nd Jan	INSET DAY
10th Jan	Swimming—KS2 at Alton Sports Centre—10 sessions
26th Feb	KS2—Explore the Orchestra—Portsmouth Guildhall-afternoon.
1st—3rd July	Class 4 Residential—Marchants Hill
TUESDAYS	Forest School after half-term will be for Class 3.

SINGING CLUB	Monday —(8.30am)- Hall, KS2	No Charge
DRAMA BEASTS	Monday—(12.00 to 1.00pm) - Library	
FOOTBALL	Friday—(3.30 to 4.30pm) - KS1 & KS2 - Back playground	
NETBALL	Tuesday (3.30 to 4.30pm) - KS2 - Back playground	
SCHOOL BAND	Wednesday (8.30 to 9.00) - Hall, KS2	No Charge
COOKERY	Wednesday (3.30 to 4.30pm) - KS2 - Hall	
GARDENING	Thursday—(Lunchtime) - KS1 & KS2	No Charge
FRENCH	Friday - (Lunchtime) - KS1 & KS2 - Front playground	

MUSIC LESSONS—Woodwind/Piano/Violin (Private lessons in school time.)
Please contact the office if you are interested in joining any of the above

We have spaces in Clarinet and Saxophone lessons for Yrs 4,5 & 6. Contact Melissa Debont melissadebont@yahoo.com for more details.





GEORGE

COACHING

KIRBY



**UNLOCK YOUR FULL
POTENTIAL WITH 1-1
FOOTBALL COACHING**

**EXPERIENCE COACHING FROM
AN EASTLEIGH FC SCHOLAR
WITH FA COACHING
QUALIFICATIONS**

**I HAVE CLIENTS FROM
GRASSROOTS LEVEL ALL THE
WAY UP TO SOUTHAMPTON FC
ACADEMY**

-
- Master the skills that the pros use with expert guidance
 - Take your game to the next level
 - Tailored sessions to your individual needs
 - Improve your ball mastery, ball striking, aerial control, range & types of passing & finishing
 - Boost confidence & performance

**TO BOOK YOUR SESSION CONTACT
GEORGE KIRBY
GEORGEKIRBYCOACHING@GMAIL.COM
07484 156590**

**LOCATION: ALRESFORD, HANTS (SO24)
OPEN TO ALL AGES AND ABILITIES**



Child's Name(s): _____ Class: _____

CHANGES TO BOOKED SESSIONS	No of AM Sessions	Cost	Total
		<u>£5.00</u>	
	No of PM Sessions	Cost	Total

FREE HALF TERM CONCERT FOR ALL AGES!

A free family concert plus a follow-on workshop and opportunity to explore the instruments plus a family quiz on THURSDAY 26th OCTOBER at 11 am.

Join the Virtuosi String Quartet for a free concert of all things String! Hear the instruments playing amazing melodies, rhythms, and songs in many styles. Explore, join in, and be enchanted by their incredible sounds.

All ages are welcome - juice/biscuits provided after concert

To reserve your free tickets visit - <https://www.stjohnsnorthington.org/whats-on>

SOCCER SCHOOLS UK
THE COMPLETE PLAYER PATHWAY

VENUE | ROPLEY PRIMARY SCHOOL
CHURCH ST ROPLEY, ALRESFORD, HANTS, SO24 0DS

**OCTOBER
HALF-TERM CAMP!**

5-12 YEAR OLDS

**NEW
NERF WEEK!**

**CHAMPIONS
LEAGUE!**

**SOCCER SCHOOLS UK ARE RUNNING
THEIR POPULAR FOOTBALL & MULTI
SPORT CAMPS ON THE FOLLOWING
DAYS DURING OCTOBER!**

HALF-TERM HOLIDAY CAMP

DATES

MONDAY 23RD OCTOBER
TUESDAY 24TH OCTOBER
WEDNESDAY 25TH OCTOBER
THURSDAY 26TH OCTOBER
FRIDAY 27TH OCTOBER

COST

£20 PER CHILD, PER DAY
(STANDARD DAY)

£28 PER CHILD, PER DAY
(EXTENDED DAY)

STANDARD HOURS

DROP OFF FROM 8:45am - 9:30am
COLLECTION FROM 3:15pm - 4pm

EXTENDED HOURS

EARLY DROP OFF FROM 8:15am-8:45pm (£5)
LATE COLLECTION TO 4pm -4:45pm (£5)
FULL EXTENDED DAY 8:15am-4:45pm (£9)

INFO

FOR MORE INFORMATION ON OUR
HOLIDAY CAMP PROCEDURES, THE
FORMAT OF THE DAY AND WHAT TO
BRING, PLEASE CHECK THE HOLIDAY
CAMPS SECTION, OF OUR WEBSITE-

www.soccerschools-uk.com/booking

CONTACT

admin@soccerschools-uk.com

TELEPHONE - 07463 237878

BOOK ONLINE

www.soccerschools-uk.com/booking

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